

Daily Long Tone Exercise

James Barger

$\text{♩} = 60$

The exercise consists of ten staves, each containing four measures of music. A long horizontal slur spans across all four measures of each staff, indicating a continuous long tone. The notes are half notes. The first staff includes a tempo marking $\text{♩} = 60$.

Staff 1: C4, B3, A3, G3

Staff 2: F3, E3, D3, C3

Staff 3: B2, A2, G2, F2

Staff 4: E2, D2, C2, B1

Staff 5: A2, G2, F2, E2

Staff 6: D3, C3, B2, A2

Staff 7: G2, F2, E2, D3

Staff 8: C3, B2, A2, G2

Staff 9: F2, E2, D3, C3

Staff 10: B2, A2, G2, F2